

RECOVERY SERVICES OF NORTHWEST OHIO, Inc.

72 HOUR DRIVER INTERVENTION PROGRAM/DDC-DAILY SCHEDULE

We reserve the right to change this schedule without notice

THURSDAY

545pm-600pm	Arrival (go to Lounge Area in Hotel) Room Assignments/Search Luggage-Sign Sheet)/Take Meds/Complete Med Sheets/Discuss Client Rights/ Grievance Policy/42 CFR/Confidentiality/HIV/STD's
600pm-630pm	
630pm-700pm	Personal History (Discussion)
700pm-730pm	Program Rules/Fire & Disaster Plan (Worksheet & Discussion)
730pm-745pm	Break
745pm-845pm	12 Hours Before OVI Arrest (Worksheet & Discussion)
845pm-900pm	Break
900pm-1000pm	Drinking and Driving (Video-Consequences)(Discussion)
1000pm-1100pm	Free Time (CANNOT GO TO ROOMS)
1100pm	In Rooms For The Night

FRIDAY

700am-800am	Wake Up
800am-900am	Breakfast
900am-1000am	Social Consequences of AoD Use- Small Group (Worksheet, Discussion & Note)
1000am-1015am	Break
1015am-1115am	Countermeasures- Small Group (Worksheet, Discussion & Note)
1115am-1200pm	Stereotypes (Worksheet & Discussion)
1200pm-100pm	Lunch
100pm-130pm	Blackouts (Video, Worksheet & Discussion)
130pm-230pm	Facts on Alcohol and Drugs-Psychological/Physiology (Lecture & Discussion) Use Street Drug Book and Commonly Abused Drugs Worksheet
230pm-245pm	Break
245pm-345pm	OVI Laws, BAC Chart, Reinstatement & Getting License Back (Discussion)
345pm-445pm	Disease Concept (Abuse, Dependency & Disease of Addiction) (Discussion)
445pm-545pm	Dinner
545pm-645pm	Continuum Model (Signs & Symptoms of Abuse/Dep) Small Group (Worksheet, Group Discussion & Note)
645pm-700pm	Break
700pm-800pm	AA Speakers & Abstinence as a Choice (Speakers & Open Discussion)
800pm-830pm	Progression Chart (Worksheet & Discussion)
830pm-1100pm	Meet with Clients Individually If time available show Video "Symptoms-Father Martin" Worksheet & Discussion
1000pm-1100pm	Free Time (CANNOT GO TO YOUR ROOM)
1100pm	In Room For The Night

SATURDAY

700am-800am Wake Up

800am-900am Breakfast

900am-600pm **DDC Program (Discussions, Worksheets, & Video's)**

Session 1: It's All About Choices

List the three basic steps in the DDC Collision Prevention Formula

Define the term defensive driving and explain what it means to be a defensive driver

Define the term preventable collision

Explain the "What If?" strategy

Video "It Happened to Me" (Discussion)

Activity "How Do You Drive?" (Worksheet & Discussion)

Session 2: Ready for the Road

List the factors they can control before they start to drive

Describe the various physical, emotional, and mental conditions of drivers

Explain how to drive defensively in conditions beyond their control

Video "Ready for the Road" (Discussion)

Video "3 Stages of Impact" (Discussion)

Activity "Who's on the Road" (Discussion)

Activity "Emotional/Mental Conditions and Actions of the Other Driver" (Discussion)

Session 3: Don't Add Insult to Injury

Describe the characteristics of an impaired driver, a distracted driver, a fatigued driver, and an aggressive driver

Identify actions they can take when they experience or encounter these characteristics on the road

Employ techniques to manage their own emotions and behaviors while driving

Video "Don't Add Insult to Injury-Impaired Driving" (Discussion)

Video "Don't Add Insult to Injury-Distracted Driving" (Discussion)

Video "Don't Add Insult to Injury-Sleep and Fatigue Driving" (Discussion)

Video "Don't Add Insult to Injury-Aggressive Driving" (Discussion)

Activity "Impaired Driving" (Worksheet & Discussion)

Session 4: Success on the Road

List the six most unsafe driving behaviors

Describe the hazards involving with each of the unsafe driving behaviors

List alternatives to speeding

Explain how to safely approach and proceed through intersections

Explain how to make safe and legal turns

Explain the steps needed to complete a safe pass

Determine a safe following distance

Video " Drive to Survive" (Discussion)

Activity "The Six Most Unsafe Driving Behaviors" (Discussion)

SATURDAY

Session 5: Collision Proofing

Restate and explain the DDC Collision Prevention Formula

Restate and explain the "What If?" strategy

Recognize hazards in collision descriptions

Identify the standard road sign colors and shapes

Identify reasonable steps that might have prevented real-life collisions

Video "Recognize the Hazard"(Discussion)

Activity "Road Sign Colors and Shapes" (Worksheets and Discussion)

Session 6: Driving for Life

List the 10 habits of defensive driving

Identify personal behaviors and decisions they will make in future driving situations to avoid collisions and violations

Video "Drive Like Your Life Depends On It" (Discussion)

"Transporting Treasures" Discussion

Activity "What Are You Willing to Do?" (Discussion)

1020am-1030am	Break
1200pm-1230pm	Lunch
220pm-230pm	Break
420pm-430pm	Break
530pm-600pm	DDC Exam
600pm-700pm	Dinner
700pm-800pm	Quick Quiz-Small Group (Worksheet, Discussion & Note)
800pm-1100pm	Meet with Clients Individually If time available show Video "DUI/DWI" (Worksheet & Discussion)
1000pm-1100pm	Free Time (CANNOT GO TO ROOMS)
1100pm	In Room For The Night

SUNDAY

700am-800am	Wake Up (Bring everything with you as you are checking out of room & put in group room)
800am-900am	Breakfast
900am-930am	Post Test
930am-945am	Client Satisfaction/Program Evaluations
945am-1015am	Are you a Problem Drinker/User (Worksheet & Discussion)
1015am-1045am	Combining Alcohol and Drugs & Myths (Worksheet & Discussion)
1045am-1100am	Break
1100am-1200pm	Defenses-Small Group (Worksheet & Discussion)
1200pm-1230pm	Lunch (Search Bags)

1230pm-130pm

Speaker-Victim Impact

130pm-600pm

Meet with Clients Individually

If time available show Video "Repeat OVI Offender" (**Discussion**)

SUNDAY

If time available show Video "Code Blue" (**Discussion**)

If time available show Video "Tragedy and Hope" (**Discussion**)

If time available Personal Commitment (**Worksheet & Discussion**)

